

# Foundation Co-ordination Picking

## Pick Ex.

Level 1

Rhayn Jooste

### Primer Ex.

Primer Ex. left hand: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 1 2 3 4 4 3 2 1. Bass clef: 5 6 7 8 8 7 6 5.

Primer Ex. right hand: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: V V V V V V V V. Bass clef: 5 6 7 8 8 7 6 5.

### Ex. No. 1 - Alt. Picking

Ex. No. 1: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 1 2 3 4 4 3 2 1. Bass clef: 5 6 7 8 8 7 6 5. Repeat: 1 4 2 4 3 4 2 4. Bass clef: 5 8 6 8 7 8 6 8.

### Ex. No. 2

Ex. No. 2: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 4 3 2 1 1 2 3 4. Bass clef: 8 7 6 5 5 6 7 8. Repeat: 4 1 2 1 3 1 2 1. Bass clef: 8 5 6 5 7 5 6 5.

### Ex. No. 3

Ex. No. 3: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 1 2 3 4 1 2 3 4. Bass clef: 8 5 6 7 8 5 6 7 8.

### Ex. No. 4

Ex. No. 4: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 4 3 2 1 4 3 2 1. Bass clef: 8 7 6 5 8 7 6 5 8 7 6 5.

### Ex. No. 5 - Sweep Picking

Ex. No. 5: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 1 2 3 4 1 2 3 4. Bass clef: 8 5 6 7 8 5 6 7 8.

### Ex. No. 6

Ex. No. 6: Treble clef, 4/4 time. Notes: G4, A4, B4, C5, B4, A4, G4. Fingering: 4 3 2 1 4 3 2 1. Bass clef: 8 7 6 5 8 7 6 5 8 7 6 5.